

Natural Killer Cell Consolidation for Acute Myelogenous Leukemia: A Cell Therapy Ready for Prime Time?

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Advances in the treatment of children and adults with acute myeloid leukemia (AML) have been hindered by several factors. There is a paucity of new and effective chemotherapeutic or biologic agents directed against this disease. Current cytotoxic therapies have reached the limit of both myelosuppression and safety. Understanding the appropriate subsets of AML that may benefit from matched related or unrelated donor allogeneic hematopoietic cell transplantation (alloHCT) is evolving,¹ with application of HCT limited by concerns of toxicity and efficacy. There is a desperate need for novel treatment approaches. Cell-based therapies represent an area of exciting scientific and clinical development.

Because of the relatively poor outcomes of patients treated only with chemotherapy, autologous HCT and alloHCT have been used as consolidation therapy for patients with AML. Although autologous HCT outcomes match those achieved with chemotherapy, most studies comparing chemotherapy with alloHCT demonstrate reductions in leukemia relapse and improved disease-free survival for patients undergoing alloHCT.^{2,3} Both autologous HCT and alloHCT may exert leukemia control through the high-dose conditioning regimen, but in alloHCT, the focus is on the potential of the procedure to provide immune-based eradication of malignant cells, known as the graft-versus-leukemia (GVL) effect. Considering that natural killer (NK) cells are one of the first cells to recover after alloHCT,^{4,5} these cells have been implicated in GVL reactions.

NK cells express a diverse array of receptors used to distinguish between normal and transformed cells. One family of receptors displayed by NK cells is the killer immunoglobulin receptors (KIR).^{6,7} KIRs recognize polymorphic determinates of major histocompatibility class (MHC) I. By binding to self-MHC and transducing inhibitory signals, these receptors play a major role in the self-tolerance of NK cells. In the setting of alloHCT, KIR receptors on donor NK cells may not recognize recipient MHC class I (because of difference between donor and recipient MHC class I). This situation potentially would leave the NK cell unrestrained and more effective at mediating GVL. Clinical transplant trials strongly suggest that this mechanism, known as NK cell alloreactivity, plays a role in post-transplant GVL responses in AML.⁸ This effect may require profound host lymphopenia and a T-cell depleted graft, because KIR mismatches did not provide a ben-

efit in retrospective analysis,⁹ whereas a subsequent retrospective study was able to detect a positive effect of KIR mismatching in the setting of in vivo T-cell depletion.¹⁰

A major barrier to the success of alloHCT is the toxicity associated with the procedure. Many variables influence treatment-related mortality, including host factors (age, prior treatment, performance status) and transplantation characteristics (conditioning regimen, MHC disparity between donor and recipient, stem-cell source, and so on). Despite selecting patients with favorable characteristics, treatment-associated mortality is substantial after alloHCT, especially in the matched unrelated donor or haploidentical donor setting. An ideal transplantation approach would be one that preserves GVL reactions while maintaining patient safety.

In this issue of *Journal of Clinical Oncology*, Rubinitz et al¹¹ report on a pilot study to test the safety and feasibility of haploidentical NK cell infusions, without concomitant hematopoietic stem-cell infusion or attempt to establish donor hematopoiesis, in 10 children with AML in remission. The patients included on this protocol had standard- or intermediate-risk AML in first complete remission, a group of patients for whom standard therapy of at least a subset would include alloHCT were a matched sibling donor available. Patients were first treated with four to five cycles of standard AML therapy. After this, a haploidentical parent or sibling was selected as an NK cell donor, based on the presence of KIR mismatch between donor and recipient (except in one instance). Donor cells were collected by leukapheresis, purified by CD3 depletion to remove T cells, and followed by CD56 selection to purify NK cells, producing a highly NK cell-enriched cell product. These NK cells were infused after immunosuppressive, but not myeloablative, conditioning to provide a lymphopenic environment in the host. After the cell infusion, patients were treated briefly with low-dose interleukin 2 (IL-2) to support in vivo NK expansion. The authors demonstrate a transient expansion of donor-derived cytotoxic NK cells in the peripheral blood of all recipients. The conditioning regimen, cell infusion, and IL-2 administration were remarkably well tolerated, with minimal toxicity and hospitalization. Specifically, there was indirect evidence of transient NK-induced suppression of recipient myelopoiesis in only one patient and no graft-versus-host disease.

This study builds on the findings of the Miller et al¹² study, which used a similar approach (chemotherapy followed by NK cell infusion) to demonstrate that haploidentical NK cells induce remissions in a proportion of patients with chemotherapy-refractory AML. Similar to Rubinitz et al,¹¹ Miller et al showed transient donor NK cell engraftment and cytotoxicity and demonstrated that this correlated with a surge of systemic IL-15—a critical survival factor for NK cells. Donor NK cell expansion was correlated with the likelihood of hematologic remission. Rubinitz et al¹¹ have made subtle but significant refinements in this approach, including the use of less-intensive chemotherapy, a purified NK cell product, and lower doses of IL-2. Rubinitz et al also omitted an overnight culture and NK activation step performed by Miller et al, and instead infused freshly isolated cells. Although these modifications seem to have resulted in less toxicity, it is important to note that the patient population in these two studies differed considerably (children in remission in the Rubinitz et al study *v* adults not in remission in the Miller et al study).

As is the nature of pilot studies, they often raise more questions than answers. First is the question of efficacy. Notably, all patients in the Rubinitz et al¹¹ study are alive and in remission at nearly 3 years. Did the NK therapy contribute to efficacy? Although encouraging, the authors show appropriate restraint in interpreting the outcome data from this small cohort of patients and currently are performing phase II studies. Second is the question of cost. We approximate the cost of such a therapy to be \$10,000 to \$12,000 per patient, which, although expensive, compares favorably to the cost of alloHCT or many recently approved anticancer therapies. Last is the question of “exportability.” Although only facilities capable of good manufacturing practices would be able to deliver such a therapy, the cell manufacturing described here would be highly exportable compared with other cell manufacturing protocols. Whatever subsequent studies show, it is clear that Rubinitz et al should be commended. This study could have far-reaching implications in cellular therapy for patients with AML.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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AUTHOR CONTRIBUTIONS

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NKAML: A Pilot Study to Determine the Safety and Feasibility of Haploidentical Natural Killer Cell Transplantation in Childhood Acute Myeloid Leukemia

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A B S T R A C T

Purpose

To conduct a pilot study to determine the safety, feasibility, and engraftment of haploidentical natural killer (NK) cell infusions after an immunosuppressive regimen in children with acute myeloid leukemia (AML).

Patients and Methods

Ten patients (0.7 to 21 years old) who had completed chemotherapy and were in first complete remission of AML were enrolled on the Pilot Study of Haploidentical Natural Killer Cell Transplantation for Acute Myeloid Leukemia (NKAML) study. They received cyclophosphamide (60 mg/kg on day -7) and fludarabine (25 mg/m²/d on days -6 through -2), followed by killer immunoglobulin-like receptor-human leukocyte antigen (KIR-HLA) mismatched NK cells (median, 29 × 10⁶/kg NK cells) and six doses of interleukin-2 (1 million U/m²). NK cell chimerism, phenotyping, and functional assays were performed on days 2, 7, 14, 21, and 28 after transplantation.

Results

All patients had transient engraftment for a median of 10 days (range, 2 to 189 days) and a significant expansion of KIR-mismatched NK cells (median, 5,800/mL of blood on day 14). Nonhematologic toxicity was limited, with no graft-versus-host disease. Median length of hospitalization was 2 days. With a median follow-up time of 964 days (range, 569 to 1,162 days), all patients remain in remission. The 2-year event-free survival estimate was 100% (95% CI, 63.1% to 100%).

Conclusion

Low-dose immunosuppression followed by donor-recipient inhibitory KIR-HLA mismatched NK cells is well tolerated by patients and results in successful engraftment. We propose to further investigate the efficacy of KIR-mismatched NK cells in a phase II trial as consolidation therapy to decrease relapse without increasing mortality in children with AML.

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INTRODUCTION

Despite intensification of therapy and the use of new chemotherapeutic agents, one third to one half of children with acute myeloid leukemia (AML) continue to relapse.^{1,2} The Pediatric Oncology Group³ and Children's Cancer Group² have reported event-free survival (EFS) estimates of 36% and 42%, respectively, on their recent trials. Contemporary European trials, including AML-BFM98,¹ MRC 10,^{4,5} and NOPHO-AML93,⁶ have yielded similar EFS estimates (47% to 48%). Because the most common cause of treatment failure in these trials was early relapse, it is important to develop effective remission consolidation thera-

pies. In a recent analysis of outcomes of 1,373 children with AML treated on cooperative group trials to evaluate the role of allogeneic hematopoietic stem-cell transplantation (HSCT), Horan et al⁷ found that 30% of favorable-risk and 54% of intermediate-risk patients assigned to chemotherapy relapsed, whereas 21% of favorable-risk and 26% of intermediate-risk patients assigned to HSCT relapsed.⁷ However, in the HSCT group, 16% of patients in each risk group died of treatment-related mortality compared with 7% to 9% in the chemotherapy groups. Clearly, there is an urgent need to develop novel approaches to decrease the risk of relapse without increasing the mortality associated with HSCT.

Natural killer (NK) cell transplantation is an ideal candidate for therapy for children with AML in remission, because it has the potential to provide antileukemic effects without causing graft-versus-host disease (GVHD) or organ toxicity. In humans, NK cells are regulated, in part, by inhibitory killer immunoglobulin-like receptors (KIRs) that recognize specific human leukocyte antigen (HLA) class I alleles.⁸ In HLA-nonidentical transplantation, NK cells will not be inhibited if the recipient lacks the appropriate HLA ligands to engage KIRs on donor NK cells. Animal studies have demonstrated that NK cell-mediated graft-versus-leukemia effects can occur in the absence of GVHD.⁹ In patients undergoing HSCT, donor NK cells may exert potent antileukemic effects if the patient's leukemia cells lack the class I epitope for the donor's inhibitory KIRs (ie, receptor-ligand mismatch), resulting in decreased risk of relapse.⁹⁻¹¹ In addition, we have demonstrated the importance of direct assessment of the donor KIR repertoire, rather than donor KIR ligands, to predict donor-versus-leukemia effects.^{9,10}

Miller et al¹² have reported the transfer and expansion of haploidentical NK cells in the non-HSCT setting. However, the intensive conditioning regimen and high doses of interleukin-2 (IL-2) used in patients in their study resulted in significant hematologic and nonhematologic toxicities as well as prolonged hospitalization. To assess the safety and feasibility of low-dose immunosuppression followed by the infusion of purified haploidentical NK cells in children with AML, we initiated Pilot Study of Haploidentical Natural Killer Cell Transplantation for Acute Myeloid Leukemia (NKAML), a pilot study of haploidentical natural killer cell transplantation for acute myeloid leukemia. We administered a low-intensity regimen to patients to minimize toxicity while still allowing engraftment of haploidentical NK cells. To decrease the risks of GVHD and B-cell lymphoproliferative disease, we used a clinical-scale isolation method previously developed by us to obtain highly purified NK cells that have minimal contamination with T or B cells.^{10,13} Our results suggest that mild conditioning followed by donor-recipient inhibitory KIR-HLA mismatched NK cells is well tolerated by patients, results in successful engraftment, and is a promising novel therapy for reducing the risk of relapse in patients with AML.

PATIENTS AND METHODS

Patients (0.7 to 21 years old) diagnosed with AML that was in complete remission and who had adequate organ function were eligible to be enrolled on the NKAML trial. Patients with Down syndrome, juvenile myelomonocytic leukemia, or acute promyelocytic leukemia were not eligible. After obtaining informed consent from parents and assent from patients, 10 patients who completed four or five courses of chemotherapy on the AML02 trial¹⁴ and remained in first complete remission were enrolled. Because patients with poor-risk AML received HSCT on the AML02 trial, only favorable- and intermediate-risk patients were enrolled on the NKAML trial. HLA typing was determined for each patient and surface expression of KIRs was determined for both parents, as previously described.^{9,15} The conditioning regimen for patients comprised 60 mg/kg cyclophosphamide intravenously on day -7 and 25 mg/m²/d fludarabine intravenously from day -6 to day 2. On alternate days, 1 million U/m² of IL-2 was administered subcutaneously for six doses starting on day -1 to activate and expand circulating donor NK cells.

The donor underwent apheresis on day -1 and the product was purified on day 0 for CD3⁻CD56⁺ cells in our institutional Human Applications Laboratory by a two-step procedure using magnetic activated cell sorting.¹³ First, the CliniMACS system (Miltenyi Biotec, Woburn, MA) was used to deplete T cells from the mononuclear cell product obtained by leukapheresis by using anti-CD3 antibody-coated beads. Second, the CD3-depleted product was enriched for CD56⁺ cells by incubation with anti-CD56 antibody-coated beads. NK cell number and purity were determined by flow cytometry as previously described.¹³ Because our goal was to test the natural cytotoxicity of donor NK cells, the purified product was infused on day 0 immediately after cell enrichment without *in vitro* exposure to IL-2 or other cytokines.

NK cell chimerism, phenotyping, and functional assays were performed on days 2, 7, 14, 21, and 28 after transplantation, as previously described.^{9,10,16} Chimerism studies of immunologically sorted NK cells were performed by standard variable number of tandem repeats techniques,¹⁷ and NK cell phenotyping was determined by direct measurement of surface expression of KIRs by flow cytometry.⁹ In addition, the cytotoxicity of peripheral blood NK cells was measured *in vitro* by europium release assays.⁹ Bone marrow minimal residual disease (MRD) was determined by flow cytometry at enrollment and at 1, 2, and 4 months after the NK infusion.¹⁸

EFS was defined as the time elapsed from enrollment on the AML02 trial to relapse, the development of a secondary malignancy, or death, with those living and event-free censored at the time of last follow-up. EFS was computed by the Kaplan-Meier method and CIs were determined by binomial distribution because no events were observed. The binomial interval is based on the

Table 1. Demographic, Hematologic, and Engraftment Features of Patients Enrolled Onto the NKAML Study

UPN	At Diagnosis					Recipient				Peak NK Cell Chimerism		NK Cell Graft		
	Age (years)	Sex	WBC (10 ⁹ /L)	Karyotype	FAB	HLA-Bw	HLA-C	Donor KIR Mismatch*	Donor Ligand Mismatch†	Day	% Donor	NK Cells (10 ⁶ /kg)	T Cells (10 ⁶ /kg)	B Cells (10 ⁶ /kg)
1	0.9	F	20	46,XX	M5	4/6	Asn80/Lys80	None	None	7	7	38.7	ND	0.106
2	3	F	14	t(1;22)	M7	6/6	Asn80/Asn80	2DL1, 3DL1	None	7	2	27.2	ND	1.700
3	0.2	F	41	t(1;22)	M7	4/6	Asn80/Asn80	2DL1	Lys80	28	30	31.1	ND	0.652
4	2	M	145	inv(16)	M4Eo	4/4	Asn80/Asn80	2DL1	None	2	6	37.3	ND	0.148
5	0.7	M	488	t(9;11)	M5	6/6	Lys80/Lys80	2DL2/3, 3DL1	Bw4, Asn80	7	3	80.9	ND	0.135
6	11	F	32	t(16;16)	M4Eo	6/6	Asn80/Asn80	2DL1, 3DL1	Bw4	14	8	5.2	ND	0.007
7	21	M	110	+21	M1	4/6	Asn80/Asn80	2DL1	None	7	1	7.3	ND	0.004
8	17	F	137	t(16;16)	M4Eo	4/4	Lys80/Lys80	2DL2/3	Asn80	28	29	13.3	0.001	ND
9	8	M	84	t(16;16)	M4Eo	6/6	Asn80/Lys80	3DL1	None	7	15	47.7	ND	0.087
10	2	M	4	t(11;19)	M5	6/6	Asn80/Asn80	2DL1, 3DL1	Lys80	7	2	13.4	ND	0.082

Abbreviations: NKAML, Pilot Study of Haploidentical Natural Killer Cell Transplantation for Acute Myeloid Leukemia; UPN, unique patient number; FAB, French-American-British; HLA, human leukocyte antigen; KIR, killer immunoglobulin-like receptor; NK, natural killer; ND, not determinable (ie, less than the detection threshold of 0.001).

*Receptor-ligand model.

†Ligand-ligand model.

number of patients at risk. The NKAML trial was approved by the St. Jude institutional review board and was covered by the Investigational Device Exemption application 11533.

RESULTS

Patients had a median age of 2.5 years (range, 8 months to 21 years) and a median leukocyte count of $62 \times 10^9/L$ (range, $4 \times 10^9/L$ to $487 \times 10^9/L$) at diagnosis (Table 1). Of the patients, four had *CBFβ-MYH11*-positive leukemia and six had intermediate-risk features (*RBM15-MKL1* in two patients and *MLL-ENL*, *MLL-AF9*, +21, and normal karyotype in one case each). All patients were MRD-negative at the time of enrollment on this study. Patients tolerated all doses of cyclophosphamide, fludarabine, and IL-2 and showed acceptable nonhematologic toxicity: one patient had swelling and erythema at the IL-2 injection site, one had a viral respiratory infection, and one had to be hospitalized for 2 days for febrile neutropenia. Median length of hospitalization was 2 days (range, 0 to 3 days) and median time to neutrophil recovery (absolute neutrophil count $> 0.5 \times 10^9/L$) was 12 days (range, 9 to 56 days). All patients had neutrophil and platelet recovery by day +21, except for one patient (unique patient number

[UPN] 8), who did not achieve neutrophil recovery until day +56 and platelet recovery until day +127.

All donors underwent apheresis without complications. Patients received a median of $29 \times 10^6/kg$ NK cells (range, $5 \times 10^6/kg$ to $81 \times 10^6/kg$), with minimal B-cell contamination of products (median, $0.097 \times 10^6/kg$; Table 1). T cells were detected in the product given to one patient, but at a level that was more than 10-fold lower ($1 \times 10^3/kg$) than the minimum number of T cells capable of causing GVHD.¹⁹ There were no adverse reactions during NK cell infusions and no GVHD. NK cell number in the blood normalized in nine of 10 patients by day 14 (Fig 1A), and the natural cytotoxicity against the K562 leukemia cell line was within the normal range in all patients by day 7 (Fig 1B).

All patients had transient NK cell engraftment (median, 10 days; range, 2 to 189 days), with a median peak NK cell chimerism of 7% donor (range, 1% to 30%; Table 1). Three patients continued to have detectable donor NK cells at week 4 (range, 7% to 30%). Expansion of KIR-mismatched NK cells was observed in all nine patients with KIR-mismatched donors (Fig 1C and 1D), with a median peak expansion at day 14 (range, days 7 to 28; Fig 2C). The median number of

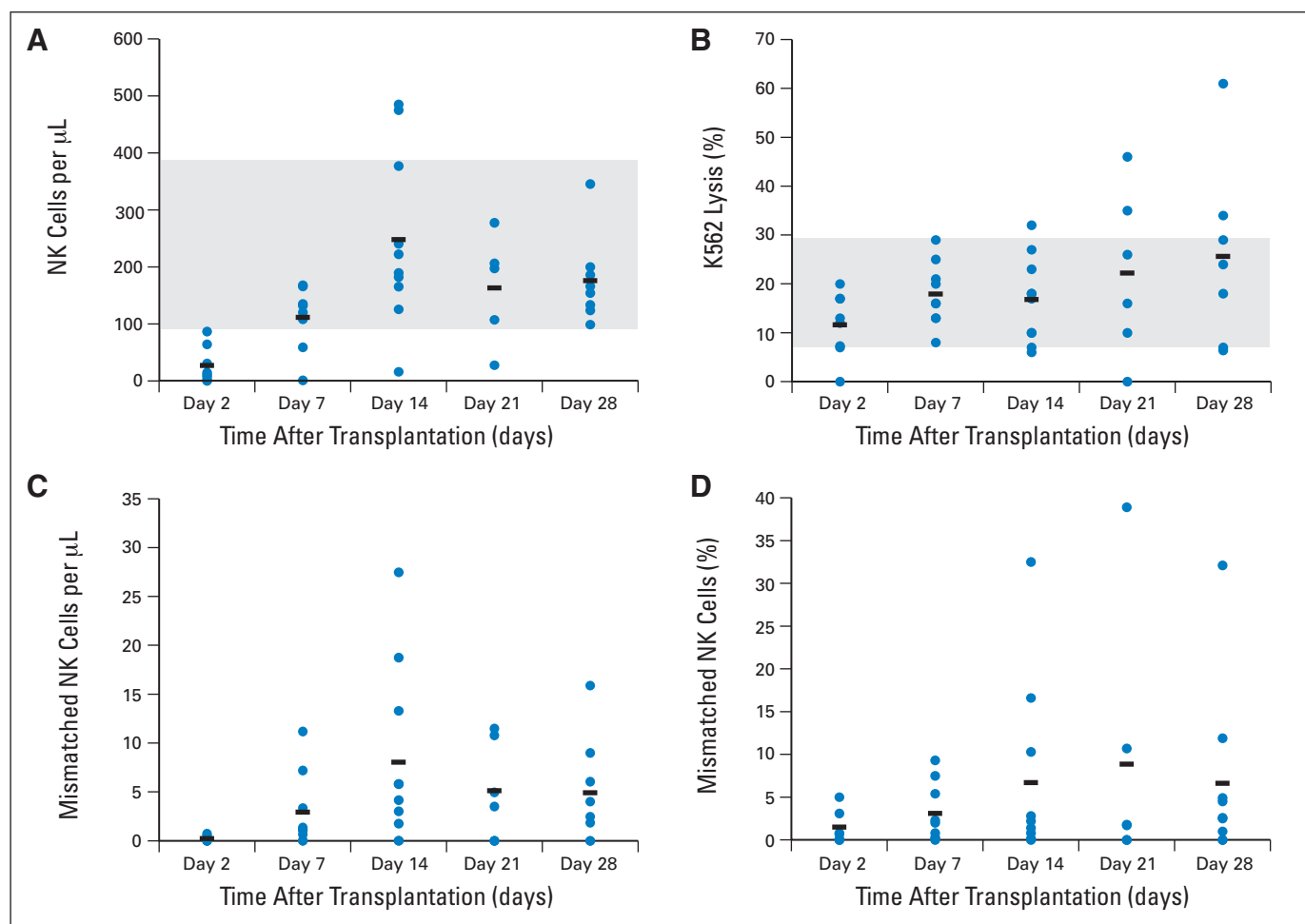


Fig 1. Natural killer (NK) cell engraftment and cytotoxicity. (A) Number of NK cells per microliter of blood. (B) Cytotoxicity against K562 cells with a target:effector cell ratio of 1:2. (C) Absolute number of killer immunoglobulin-like receptor (KIR)-mismatched NK cells. (D) Percentage of KIR-mismatched NK cells on days 2, 7, 14, 21, or 28. Gray areas in (A) and (B) represent the normal range established by analyzing donor blood before transplantation.

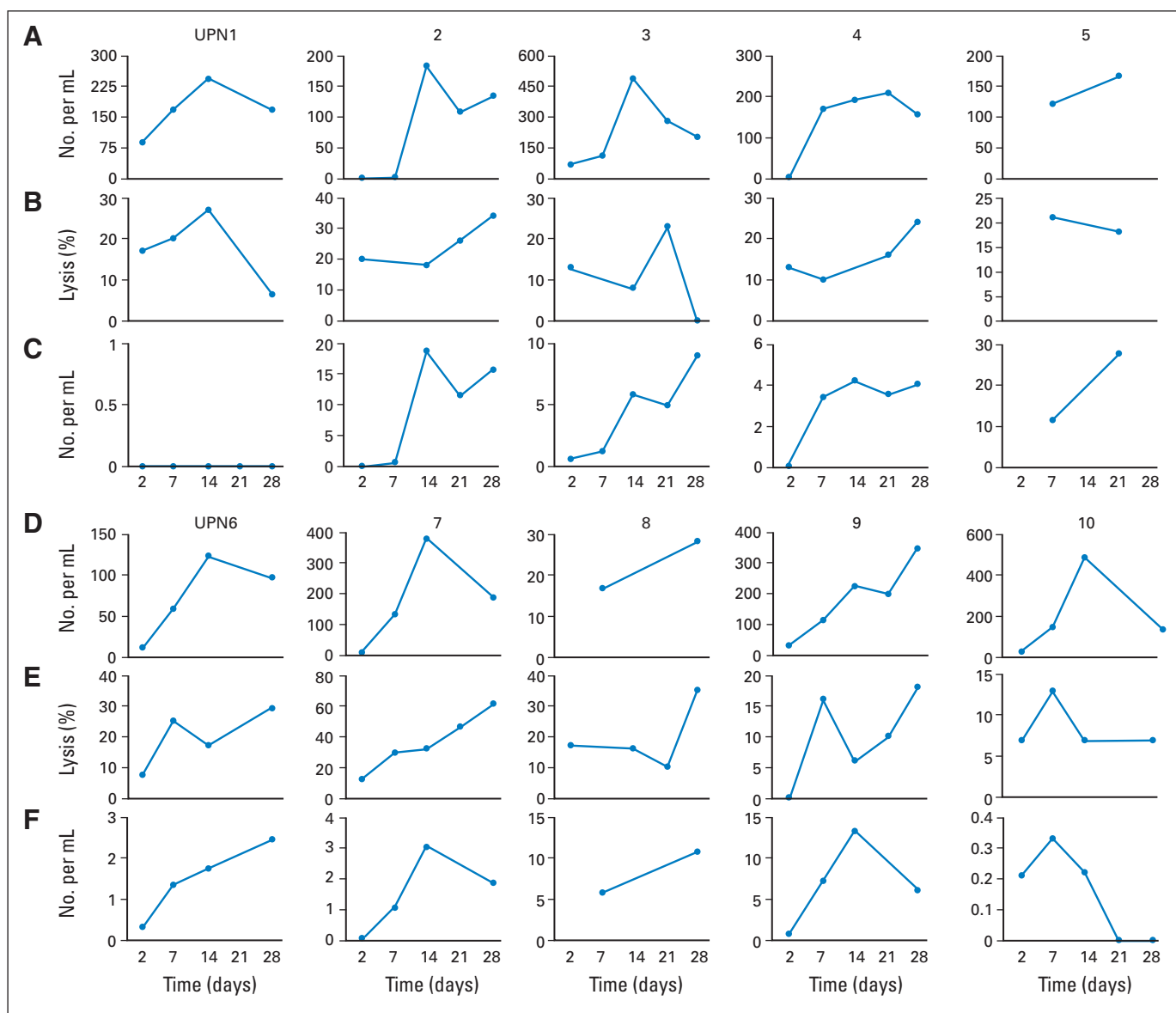


Fig 2. Patterns of natural killer (NK) cell engraftment. (A and D) Absolute number of NK cells per milliliter of blood for each patient. (B and E) Cytotoxicity against K562 cells with a target:effector cell ratio of 1:2. (C and F) Absolute number of killer immunoglobulin-like receptor (KIR)-mismatched NK cells for each patient. Unique patient number [UPN] 1 did not have a KIR-mismatched donor; donors for all other patients were KIR mismatched (Table 1).

KIR-mismatched NK cells was only 210/mL (range, 0 to 740/mL) of blood on day 2 and went up to 5,800/mL (range, 220 to 27,400/mL) on day 14. Patterns of engraftment for individual patients are shown in Figure 2.

One patient (UPN 8) had prolonged NK engraftment (2% donor NK cells at day +189) but no nonhematologic toxicity. This patient had delayed neutrophil and platelet recovery, as well as lymphopenia, with an absolute lymphocyte count less than $0.5 \times 10^9/L$ until day +189. At day +261, this patient had no detectable donor NK cells and had complete hematopoietic recovery.

All patients remained MRD-negative at 1, 2, and 4 months after the NK infusion. With a median follow-up time of 964 days (range, 569 to 1,162 days), all patients are in remission (2-year EFS, 100%; 95% binomial CI, 63.1% to 100%).

DISCUSSION

The purpose of the NKAML pilot trial was to determine the feasibility and safety of immunosuppression with cyclophosphamide and fludarabine, followed by the infusion of donor-recipient inhibitory KIR-HLA-mismatched NK cells, in patients who had completed chemotherapy for AML. A study by Miller et al¹² demonstrated that NK cells can be given to adults with relapsed AML, but administration of the conditioning regimen (two 60-mg/kg doses of cyclophosphamide) and the cytokine regimen (10 million units of IL-2 given three times per week) was associated with pancytopenia, fever, pleural effusions, hypoxemia, and constitutional symptoms, as well as prolonged hospitalization. Also in the Miller et al study,¹² the number of

T cells ($2 \times 10^5/\text{kg}$) in NK cell products was potentially high enough to cause GVHD, and the number of B cells was high enough to cause fatal lymphoproliferative disease in one patient. In contrast, patients in our study were given a milder conditioning regimen and a lower IL-2 dose, which were well tolerated in the outpatient setting. Purified NK cell products were given directly to patients without prior in vitro exposure to cytokines, had minimal contamination by B or T cells, and were not associated with infusion-related toxicities. Hematologic toxicity was limited to delayed neutrophil and platelet recovery in one patient, suggesting that haploidentical, KIR-incompatible NK cells may not attack recipient hematopoietic progenitors. Most important, even with this safe, well-tolerated regimen, all patients showed evidence of engraftment, with expansion of donor KIR-mismatched NK cells 1 to 4 weeks after infusion. All patients remained in complete remission after a follow-up of approximately 32 months.

Although this was a pilot study to assess toxicity, our results indicate that transplantation of haploidentical NK cells is a promising consolidation therapy for patients with AML in remission. Additional studies are needed to confirm the safety of and establish the effectiveness of NK cell therapy. Although allogeneic HSCT is efficacious in patients with AML, it is associated with relapse rates of 21% to 26% and treatment-related mortality rates of approximately 16%.⁷ In addition, the morbidity, late effects, and financial costs associated with HSCT are substantial.²⁰ In contrast, NK cell therapy appears to be safe and relatively inexpensive treatment that will likely have few late effects. Additionally, it is feasible to obtain large numbers of NK cells

from readily available and willing family members. To determine whether NK cell therapy is a safe alternative to HSCT and reduces the risk of relapse in children with AML, we have initiated a phase II trial to evaluate the efficacy of KIR-mismatched NK cells as consolidation therapy in patients with intermediate-risk AML.

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The author(s) indicated no potential conflicts of interest.

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